

*Dedicated to Dione Peterson and her life's work inspiring others to never stop singing  
Written for the 2013 Minnesota Big Nine Conference Select Choir*

*For perusal only.*

How Can I Keep From Singing  
SSATB a cappella

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Robert Lowry, alt.

Robert Lowry, 1826-1899  
Arr. Christopher Aspaas (ASCAP)

**Moderato** ♩ = 60

*mp*

Soprano How, how can I keep, how can I keep — from

Alto How can I keep, how can I keep from

Tenor How can I keep from sing — ing, from

Bass How can I keep from sing - ing, from

Piano

*cresc.*

*rit.*

*for rehearsal only*

*For perusal only.*

This a cappella arrangement is not compatible with the SATB and piano version (AHM15) as several harmonies had to be modified to accommodate more accessible voice leading and moderate ranges for smaller choirs.

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3

**A**

S      4      *mf*      *mp*      *a tempo*

sing - ing? My life flows on in end - less song a -

A      *mf*      *mf*

sing - ing? My life flows on in end - less song a -

T      *mf*      *mp*

sing - ing? My life flows on a -

B      *mf*

sing - ing? My life flows on a -

4

S      7

bove earth's la - men - ta - tion. I hear the sweet, though

A

bove earth's lam - en - ta - tion. I hear the sweet, though

T

bove earth's lam - en - ta - tion. I hear the sweet, the

B

bove lam - en - ta - tion. I hear the

7

10

S far - off hymn, ----- that hails a new cre - a - tion. — No

A far - off hymn ----- that hails a new cre - a - tion. — No

T hymn ----- that hails new cre - a - tion. — No

B hymn that hails new cre - a - tion. — No

10

**B**

S storm can shake my in - most calm while to that Rock I'm

A storm can shake my in - most calm while to that Rock I'm

T storm can shake while to that Rock I'm

B storm can shake. I'm

13

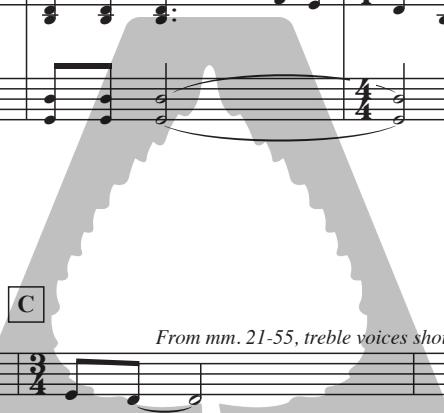
molto rit.

*mp* *a tempo*

S  
A  
T  
B

cling - ing. — Since Love is lord of — heav'n and earth. How can I  
 cling - ing. — Since Love is lord. — How can I  
 —  
 clinging. Since Love is lord. —

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*From mm. 21-55, treble voices should divide evenly between the three parts*

Soprano (S): keep from sing - ing? \_\_\_\_\_

Alto (A): keep from sing - ing? \_\_\_\_\_ *mf*

Tenor (T): How can I keep from sing - ing, how *mp* *p*

Bass (B): How can I keep from sing - ing, how *mp* *p*

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22

*mf*

S1      Through all the tum - ult and the strife I hear that

S2      Through all the tum - ult and the strife I hear that mu -

A      all the tum - ult and the strife I hear that mu - sic

T      can I keep from sing - ing, how can I keep from

B      can I keep from sing - ing, how can I keep from

22

S1

S2

A

T

B

25

S1      mu - sic ring - ing. It finds an ech - o in my

S2      - sic ring - ing. It finds an ech - o in my soul.

A      ring - ing. It finds an ech - o in my soul. How

T      sing - ing, how can I keep from sing - ing, how

B      sing - ing, how can I keep from sing - ing, how

25

S1

S2

A

T

B

28

S1 soul. How can I keep from sing - ing? No storm can *f*

S2 — How can I keep — from sing - ing? No storm can shake —

A can I keep from sing - ing? No storm can shake my *f*

T can I keep from sing - ing? No storm can shake my *mp*

B can I keep from sing - ing? No storm can shake my

28

S1 shake my in - most calm while to that Rock I'm cling - ing.

S2 — my in - most calm — while to that Rock — I'm cling - ing.

A in - most calm while to that Rock I'm cling - ing. Since

T calm while — to that Rock I'm cling - ing. Since

B calm while to that Rock I'm cling - ing. Since

31

34

S1 Since Love is lord of heav'n and earth, how can I

S2 Since Love is lord \_\_\_\_\_ of heav'n and earth, how can I keep \_\_\_\_\_

A Love is lord of \_ heav'n and earth, how can I keep from

T Love is lord of heav'n and earth, How can I keep from

B Love is lord of heav'n and earth, How can I keep from

34

S1 rit. —————— a tempo **p**

S2 ——————

A ——————

T sing - ing? What

B sing - ing? What

37

S1 keep from sing - ing. How

S2 — from sing - ing.

A sing - ing.

T sing - ing, how can I keep from sing - ing? What

B sing - ing, how can I keep from sing - ing? What

**D**

S1      can I, \_\_\_\_\_ how can I, \_\_\_\_\_ how can I, \_\_\_\_\_ how  
 S2      keep from, \_\_\_\_\_ keep from, \_\_\_\_\_ keep, from,  
 A      sing - ing, \_\_\_\_\_ sing - ing, \_\_\_\_\_ sing - ing,  
 T      though my joys and com - forts die? I know the Truth it  
 B      though my joys and com - forts die? I know the Truth it



40  
 S1      can I, \_\_\_\_\_ how can I, \_\_\_\_\_ how can I, \_\_\_\_\_ how  
 S2      — keep from, \_\_\_\_\_ keep from, \_\_\_\_\_ keep from,

A      — sing - ing, \_\_\_\_\_ sing - ing, \_\_\_\_\_ sing - ing,  
 T      liv - eth. What though the dark - ness 'round me close! Songs  
 B      li - veth. What though the dark - ness 'round me close! Songs

43  
 S1      can I, \_\_\_\_\_ how can I, \_\_\_\_\_ how can I, \_\_\_\_\_ how  
 S2      — keep from, \_\_\_\_\_ keep from, \_\_\_\_\_ keep from,

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46

S1 can I, — how can I, — storm can, —

S2 — keep from, — keep from, — shake my, —

A — sing - ing, — sing - ing, — calm, no —

T in the night it giv - eth. — No storm can shake my

B in the night it giv - eth. — No storm can shake my

46

49

S1 storm can, — storm can, — storm can, —

S2 — shake my, — shake my, — shake my, —

A — calm, no — calm, no — calm, since

T in - most calm while to that Rock I'm cling - ing. — Since

B in - most calm while to that Rock I'm cling - ing. — Since

49

52

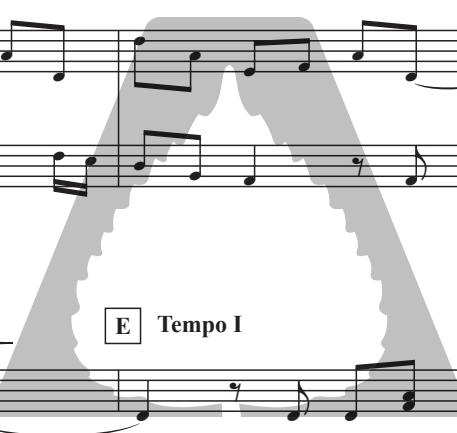
S1 Love is, —————— Love is, —————— how can I keep

S2 — lord of, —————— lord of, —————— how can I keep

A — all, —————— all, —————— how can I keep

T Love is lord of \_ heav'n and earth, how can I keep from

B Love is lord of \_ heav'n and earth, how can I keep from



E Tempo I

55

S from sing - ing? How can I keep, how

A from sing - ing? How can I keep, how

T sing - ing? How can I keep from sing

B sing - ing? How can I keep from

55



12

molto rit.

S

A

T

B

58

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can I keep from sing - ing? I lift my \_\_\_\_\_

can I keep from sing - ing? I lift my eyes; the

ing, from sing - ing? I lift my

sing - ing, from sing - ing? I lift my

**F** *a tempo*

**f**

*S2 join A until m. 67.3*

\* only a few voices should sing the A-flat.

61

S

A

T

B

— eyes; — I see the blue a - bove it. And

cloud grows thin; — I see the blue a - bove it. And

eyes; — I see the blue a - bove it. And

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61

64

S

day by day this path - way smooths, since I learned to

A

day by day this path - way smooths, since first I learned to

T

day by day this path - way smooths, since I learned to

B

day by day, I learned to

**G**

67

S

love it. No storm can shake my in - most calm while

A

love it. No storm can shake my in - most calm while

T

love it. No storm can shake my in - most calm while

B

love it. No storm can shake

**S2**

*molto rit.*

70

Soprano (S) vocal line:

A to that Rock I'm cling - ing. Since Love is lord of —

Alto (A) vocal line:

A to that Rock I'm cling - ing. Since Love is lord. —

Tenor (T) vocal line:

T to that Rock I'm cling - ing. Since Love is lord. —

Bass (B) vocal line:

B — I'm cling - ing. Since Love is lord. —

*meno mosso***H**

73

Soprano (S) vocal line:

heav'n and earth, how can I keep from sing - ing, how can I

Alto (A) vocal line:

A — — — How can I

Tenor (T) vocal line:

T — — — How can I

Bass (B) vocal line:

B — — — How can I

73

Soprano (S) vocal line:

— — — — —

Alto (A) vocal line:

— — — — —

Tenor (T) vocal line:

— — — — —

Bass (B) vocal line:

— — — — —

76

rit.

**Adagio**

S keep \_\_\_\_\_ from sing - ing, how can I keep? How can I

A keep, How can I keep? How can I

T Keep from sing ing, can I keep? How can I

B keep, How can I keep? How can I

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76

Solo: My life flows on...

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79

S keep from sing - ing?

A keep from sing - ing?

T keep from sing - ing?

B keep from sing - ing?

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79

Solo: My life flows on...

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## Celebration Series (original works for choir)

De Profundis SATB div a cappella

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Light, My Light SATB div piano

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The Song of Simeon (Nunc Dimittis) SSATB and keyboard

The Stars are with the Voyager SATB and piano<sup>1</sup>

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I Know I've Been Changed TTBB and piano

In the Bleak Midwinter TTBB and piano

Music Makers, Dreamers of Dreams TTBB and soloist, piano, and cello (or flute)

Oba Se Je (Here Comes the King!) TTBB div a cappella

Prepare the Way! Traditional Swedish TTBB div a cappella

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