Program Notes

Madeleine L'Engle (1918–2007) was an award-winning writer of poetry, non-fiction, and fiction. She is perhaps best known for her young adult novel *A Wrinkle in Time*, which won a Newberry Medal, and its several sequels. L'Engle wrote and frequently spoke about the relationship between science, art, faith, and human life.

Her poem *For Lent*, 1966, reflects upon the paradox between the desire to choose one's Lenten discipline, and the openness that is a mark of Christian discipleship. This tension is musically represented through the various uses of the seventh scale degree in the melody, and overlapping major and minor seconds in the harmony.

The anthem may be accompanied by organ or string quartet. Measures 8 through 23 may be sung by a soloist, all treble voices, or all voices in unison.

For Lent, 1966

It is my Lent to break my Lent, To eat when I would fast, To know when slender strength is spent, Take shelter from the blast When I would run with wind and rain, To sleep when I would watch. It is my Lent to smile at pain But not ignore its touch. It is my Lent to listen well When I would be alone, To talk when I would rather dwell In silence, turn from none Who call on me, to try to see That what is truly meant Is not my choice. If Christ's I'd be It's thus I'll keep my Lent.

-Madeleine L'Engle

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A Lenten Reflection

SATB and Organ or String Quartet

Madeleine L'Engle Zebulon M. Highben





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